

**Institute of English Studies**  
**Faculty of Arts and Humanities**  
**University of the Punjab, Lahore.**  
**Course Outline**



|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                        |             |                                                                                                                                                      |              |   |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|-------------|------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|---|
| Programme                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | BS English Literature                                                                                                  | Course Code | GPST-201                                                                                                                                             | Credit Hours | 2 |
| Course Title                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Pakistan Studies                                                                                                       |             |                                                                                                                                                      |              |   |
| Course Introduction                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                        |             |                                                                                                                                                      |              |   |
| This course is designed to provide students with a comprehensive exploration of Pakistani identity, spanning geographical, historical, and cultural dimensions. It delves into diverse landscapes, ancient civilizations, and rich cultural heritage that define Pakistan. Moreover, it examines the socio-cultural and political transformations in Pakistan over time including democratic transitions and military interventions. The aim of this course is to inculcate in students a nuanced understanding of Pakistan's past, present, and potential future trajectories, enabling them to critically evaluate the complex dynamics shaping the nation's development. |                                                                                                                        |             |                                                                                                                                                      |              |   |
| Learning Outcomes                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                        |             |                                                                                                                                                      |              |   |
| By the end of this course, students will be able to: <div><div>1. Demonstrate enhanced knowledge of the geographical, historical, and political aspects of Pakistan.</div><div>2. Understand the society and culture of Pakistan.</div><div>3. Understand and explain the socio-economic developments in Pakistan.</div><div>4. Explore contemporary issues and challenges faced by Pakistan and their implications for the future.</div></div>                                                                                                                                                                                                                             |                                                                                                                        |             |                                                                                                                                                      |              |   |
| Course Content                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                        |             | Assignments/Readings                                                                                                                                 |              |   |
| Week 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Unit I Introduction to Pakistan <div>1.1 Ancient Civilizations in the region</div> <div>1.2 Location of Pakistan</div> |             | Map & Civilization Activity: <div>Locate the major ancient civilizations of the region and briefly explain their historical significance.</div>      |              |   |
| Week 2                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | 1.3 Factors leadings to the creation of Pakistan                                                                       |             | Short Critical Response: <i>Why was the creation of Pakistan considered necessary?</i> Discuss major political, social and historical factors.       |              |   |
| Week 3                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Unit II Geography of Pakistan <div>2.1 Physiography: Mountains, Plains, Plateaus, Deserts, Valleys of Pakistan</div>   |             | Visual Geography Assignment: Prepare a labelled map of Pakistan showing major physical features and explain how geography influences human life.     |              |   |
| Week 4                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | 2.2 River Systems: Indus Rivers                                                                                        |             | Written Quiz I + Map Activity: Identify the Indus and its major tributaries and explain their importance for Pakistan's agriculture and settlements. |              |   |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                        |             |                                                                                                                                                      |              |   |

|                |                                                                                                                                                                  |                                                                                                                                                                                  |
|----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Week 5</b>  | <b>Unit III Society and Culture of Pakistan</b><br>3.1 Socio-cultural diversity                                                                                  | <b>Group Presentation:</b> “ <i>One Country, Many Cultures</i> ”<br>explore the culture, traditions, dress, food, music and social practices of one region/province of Pakistan. |
| <b>Week 6</b>  | 3.2 Language and Literature of Pakistan                                                                                                                          | Examine one Pakistani language and its contribution to literature, culture and identity.                                                                                         |
| <b>Week 7</b>  | <b>Unit IV Political History of Pakistan</b><br>4.1 Formative Phase: Constitutional Developments                                                                 | <b>Constitutional Timeline:</b><br>Prepare a timeline of major constitutional developments from 1947 to 1956 and explain their significance.                                     |
| <b>Week 8</b>  | <b>MID TERM EXAMINATION</b>                                                                                                                                      |                                                                                                                                                                                  |
| <b>Week 9</b>  | 4.2 1956, 1962, 1973 Constitutions of Pakistan                                                                                                                   | Compare the major features of the 1956, 1962 and 1973 Constitutions in terms of parliamentary/presidential system, fundamental rights and federal structure.                     |
| <b>Week 10</b> | <b>Unit V Economic Development of Pakistan</b><br>5.1 Economic Challenges of Pakistan<br>5.2 Agriculture Sector of Pakistan                                      | <b>Case Study:</b> Select one major agricultural challenge in Pakistan and examine its causes, social impact and possible solutions.                                             |
| <b>Week 11</b> | 5.3 Industrial Sector of Pakistan                                                                                                                                | Analyze one sector such as textiles, SMEs, manufacturing, energy or industrialization.                                                                                           |
| <b>Week 12</b> | <b>Unit VI Contemporary Issues of Pakistan</b><br>6.1 Pakistan’s Foreign Policy, its objectives and challenges<br>6.2 Security Challenges: Terrorism & Extremism | <i>What are the major challenges facing Pakistan's foreign and security policies?</i> Support your discussion with recent credible sources.                                      |
| <b>Week 13</b> | 6.3 Relations with neighboring countries                                                                                                                         | Select one neighboring country and examine Pakistan's relations with it, focusing on major areas of conflict and cooperation.                                                    |
| <b>Week 14</b> | 6.4 Relations with Super Powers: U.S, China, Russia                                                                                                              | Compare Pakistan's relations with China and the United States in terms of historical development, strategic interests and economic cooperation.                                  |
| <b>Week 15</b> | 6.5 Regional Conflicts<br>6.6 Environmental /problems                                                                                                            | Select one regional conflict or environmental problem affecting Pakistan and discuss its historical background, present impact and possible solutions.                           |
| <b>Week 16</b> | <b>END TERM EXAMINATION</b>                                                                                                                                      |                                                                                                                                                                                  |

| Textbooks and Reading Material                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                      |           |                                                                                                                                                                                                                                                        |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------|-----------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>1. Textbooks.</b> <ol style="list-style-type: none"> <li>1. Aparna Pande (ed.), <i>Routledge Handbook of Contemporary Pakistan</i>, 2nd ed. (Routledge, 2025).</li> <li>2. Amit Ranjan &amp; Ian Talbot (eds.), <i>Challenge, Continuity and Change in Pakistan</i> (Routledge, 2025).</li> <li>3. Shahid Javed Burki, <i>Pakistan at Seventy: A Handbook on Developments in Economics, Politics and Society</i> (Routledge, 2020).</li> <li>4. Wali Aslam, <i>Pakistan's Foreign Policy: Security, State, and Society</i> (Oxford University Press, 2026)</li> </ol> <b>2. Suggested Readings</b> <ol style="list-style-type: none"> <li>1. Ranjan, Amit, and Ian Talbot, eds. <i>Challenge, Continuity and Change in Pakistan</i>. Routledge, 2025.</li> <li>2. Husain, Ishrat. <i>Governing the Ungovernable: Institutional Reforms for Democratic Governance</i>. Oxford University Press, 2018.</li> <li>3. Zaidi, S. Akbar. <i>Issues in Pakistan's Economy: A Political Economy Perspective</i>. 4th ed. Oxford University Press, 2021.</li> <li>4. Schaflechner, Jürgen, Christina Oesterheld, and Ayesha Asif, eds. <i>Pakistan: Alternative Imag(in)ings of the Nation State</i>. Oxford University Press, 2020.</li> </ol> |                      |           |                                                                                                                                                                                                                                                        |
| Teaching Learning Strategies                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                      |           |                                                                                                                                                                                                                                                        |
| <ul style="list-style-type: none"> <li>• Weekly lectures with interactive discussions</li> <li>• Term Papers</li> <li>• Individual and group assignments</li> <li>• Book review</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                      |           |                                                                                                                                                                                                                                                        |
| Assignments: Types and Number with Calendar                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                      |           |                                                                                                                                                                                                                                                        |
| <b>Week</b><br>4        Written quiz I<br>6        Assignment I<br>14      Written quiz II<br>11      Assignment II                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                      |           |                                                                                                                                                                                                                                                        |
| Assessment                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                      |           |                                                                                                                                                                                                                                                        |
| Sr. No.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Elements             | Weightage | Details                                                                                                                                                                                                                                                |
| 1.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Midterm Assessment   | 25%       | Written Assessment at the mid-point of the semester.                                                                                                                                                                                                   |
| 2.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Formative Assessment | 15%       | Continuous assessment includes: Classroom participation, assignments, presentations, viva voce, attitude and behavior, hands-on-activities, short tests, projects, practical, reflections, readings, quizzes etc.                                      |
| 3.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Final Assessment     | 60%       | Written Examination at the end of the semester. It is mostly in the form of a test, but owing to the nature of the course the teacher may assess their students based on term paper, research proposal development, field work and report writing etc. |